

# Seacroft - October 2007

## Waltz

Commence diagonal to centre. Man LF Lady RF. Man's steps described.

Bar	Description	Comments	Count
1	Open telemark	Heel turn for lady, end moving to DW in PP	123
2	Curved feather	End RF fwd O/P, DW against LOD	123
3	Chasse to right	LF back along LOD, turning R on chasse to end facing DC.	12&3
4	Hover to PP	Lowering, step LF fwd, start to open lady towards PP, RF fwd between partners feet, small step, rising to hover action and opening to PP, LF fwd in PP moving DC	123
5	Chasse in PP	Moving DC staying in PP	12&3
6	Wing	RF fwd(1) close LF without weight (23) leading lady to walk around LRL to end O/P on man's left side.	123
7	Chasse to right	LF fwd O/P turning L to end backing DW	12&3
8	Outside change (weave ending)	Turning L, LF back P/O, RF back partner in line, LF diagonally fwd DW	123
<i>Optional exit, continue RF fwd O/P into any natural figure</i>			
9	Left whisk (on beat 1)	Turning body sharply L and lowering strongly, cross RF behind LF, lady cross LF behind RF head well to L. Untwisting body and rising over beats 2 and 3, replace weight to LF, small step to side RF. End facing DW against LOD, partner in line.	123
10	Contra check	LF diagonally fwd, checking action, replace weight to RF, LF to side opening to PP preparing to move DW	123
11	Chasse	Moving DW, turning lady to closed position	12&3

Continue RF fwd OP into any natural figure

*These notes are merely an aide-memoire for those attending the workshop, not a complete description of the figures taught.*