

Pakefield – October 2007

Samba

2 beats per bar, mostly counted 1a2, timing $\frac{3}{4}$, $\frac{1}{4}$, 1 beats

Man's steps described. Lady's normal opposite. Commence in closed hold, facing wall

Bar	Description	Comments	Count
1-2	Reverse Basic	Man LF fwd on first bar, RF back on second	1a2, 2a2
3-4	Repeat bars 1-2	Optional, useful repetition practice for beginners	1a2, 2a2
5-6	Whisk to L & R	Optional, useful practice for beginners	1a2, 2a2
7-8	Whisk to L & R	Open to promenade position (PP) at end	1a2, 2a2
9-10	Samba walks	"push & pull" type action, drawing front foot back about 3 inches	1a2, 2a2
11-12	Samba walk, side samba walk	End slightly apart, in open PP, man's L hand holding Lady's R hand	1a2, 2a2
13-14	Criss-cross Bota Fogo	Raising joined hands, man passing behind lady, LRL with $\frac{1}{4}$ turn to L, then RLR with $\frac{1}{4}$ turn to R	1a2, 2a2
15-16	Repeat bars 13-14	Optional, useful practice for beginners	1a2, 2a2
17-20	Criss-cross Voltas (Horse-shoe)	Raising joined hands, man passing behind lady, LRLRLRL curving $\frac{3}{8}$ to L, then returning RLRLRLR with $\frac{1}{2}$ turn to R	1a2a3a4, 5a6a7a8
<i>Bars 21-25 will require practice and may be omitted, in which case add extra flick ball change at end of routine</i>			
21-22	<i>Whisk to L & R</i>	<i>Turn to R side by side position at end</i>	<i>1a2, 2a2</i>
23	<i>Flick ball change</i>	<i>Facing against LOD</i>	<i>1a2</i>
24	<i>Inward turn</i>	<i>Releasing hold and turning $\frac{1}{2}$ L on ball of RF, step fwd, side, cross, LRL making another $\frac{1}{2}$ turn to L</i>	<i>a1a2</i>
25	<i>Outward turn</i>	<i>Turning $\frac{1}{2}$ R on LF, step fwd, side, cross RLR, making another $\frac{1}{4}$ turn to R to face partner, Regain hold</i>	<i>a1a2</i>
26-27	Whisk to L & R		1a2, 2a2
28-29	Maypole	Raising joined hands, man dances circular volta passing behind lady, LRLRLRL curving $\frac{3}{4}$ to L. Lady dances spot volta making $1\frac{1}{4}$ turn to R. End in closed hold, man backing LOD	1a2a3a4
30-31	Back rocks	RF back, rock fwd to LF and replace to RF. LF back, rock fwd to RF and replace to LF	1&2, 2&2
32	2 nd half reverse turn	RF back turning L, LF very small step to side, RF closes to LF end facing wall. Lady cross LF in front at end, optionally close LF to RF	1a2
	<i>Flick ball change</i>	<i>If bars 21-25 are omitted, add this bar to retain musical phrasing</i>	<i>1a2</i>

This sequence may be repeated, or may be entered or exited at various points eg at whisks to L & R

These notes are merely an aide-memoire for those attending the workshop, not a complete description of the figures taught.